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<b>WHEELER MILLS</b>	

*The Tribes and Castes of Bengal* Penguin

Written by experts in the dermatology field, this new fourth edition of Moderate-to-Severe Psoriasis discusses the current use of biologics and other pharmacologic and phototherapy treatments for moderate-to-severe psoriasis. Illustrated with high quality color figures, this standalone text emphasizes safe and effective treatments for the psoriasis patient that are perfect for the dermatologist in daily practice. New to this edition are chapters on day treatment programs, new agents, erythrodermic and pustular psoriasis, special populations, and pharmacogenetics.

*Good Poems* Bloomsbury Publishing

A beloved adventure classic, *The Swiss Family Robinson* is a tale of courage in the face of the unknown that has endured the test of time. Trapped on a remote island after a storm leaves them shipwrecked, a Swiss pastor, his wife, and their four sons must pull together if they want to survive. Hunting, farming, and exploring a strange land for the first time, each son not only tests his own bravery, but discovers a skill all his own as they each adapt to this new, wild place. Full of wonder, revelation, and invention, this timeless adventure story has sparked imaginations of readers young and old for generations. Featuring an appendix of discussion questions, this *Diversion Classics* edition is ideal for use in book groups and classrooms. For more classic titles like this, visit [www.diversionbooks.com/ebooks/diversion-classics](http://www.diversionbooks.com/ebooks/diversion-classics)

*Teach Yourself Urdu in Two Months* Booktango

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*The Swiss Family Robinson (Diversion Illustrated Classics)* Diversion Books

NEW YORK TIMES BESTSELLER • Thought leader, visionary, philanthropist, mystic, and yogi Sadhguru presents Western readers with a time-tested path to achieving absolute well-being: the classical science of yoga. “A loving invitation to live our best lives and a profound reassurance of why and how we can.”—Sir Ken Robinson, author of *The Element*, *Finding Your Element*, and *Out of Our Minds: Learning to Be Creative* NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY SPIRITUALITY & HEALTH The practice of hatha yoga, as we commonly know it, is but one of eight branches of the body of knowledge that is yoga. In fact, yoga is a sophisticated system of self-empowerment that is capable of harnessing and activating inner energies in such a way that your body and mind function at their optimal capacity. It is a means to create inner situations exactly the way you want them, turning you into the architect of your own joy. A yogi lives life in this expansive state, and in this transformative book Sadhguru tells the story of his own awakening, from a boy with an unusual affinity for the natural world to a young daredevil who crossed the Indian continent on his motorcycle. He relates the moment of his enlightenment on a mountaintop in southern India, where time stood still and he emerged radically changed. Today, as the founder of Isha, an organization devoted to humanitarian causes, he lights the path for millions. The term guru, he notes, means “dispeller of darkness, someone who opens the door for you. . . . As a guru, I have no doctrine to teach, no philosophy to impart, no belief to propagate. And that is because the only solution for all the ills that plague humanity is self-transformation. Self-transformation means that nothing of the old remains. It is a dimensional shift in the way you perceive and experience life.” The wisdom distilled in this accessible, profound, and engaging book offers readers time-tested tools that are fresh, alive, and radiantly new. *Inner Engineering* presents a revolutionary way of thinking about our agency and our humanity and the opportunity to achieve nothing less than a life of joy.

*The Torts Process* Oxford University Press

Pamela Gillilan was born in London in 1918, married in 1948 and moved to Cornwall in 1951. When she sat down to write her poem *Come Away* after the death of her husband David, she had written no poems for a quarter of a century. Then came a sequence of incredibly moving elegies. Other poems followed, and two years after starting to write again, she won the Cheltenham Festival poetry competition. Her first collection *That Winter* (Bloodaxe, 1986) was shortlisted for the Commonwealth Poetry Prize.

*Inner Engineering* Gale Cengage

The Lal Kitab, a rare book in urdu, was popular in north-west India, Pakistan, Iran and many other countries. This English version has added new dimensions to make it more lucid and easier to understand.

*Bodies of Song* Harmony

Offer advice on how to target middle-body fat stores using strategic food combinations, in a guide that also makes recommendations for reducing stress, sleeping more productively, and staying committed to a healthier lifestyle.

**Gandhi** Lulu.com

*The Torts Process, Seventh Edition*, offers a student-friendly, procedural approach to tort law. By utilizing a problem-based methodology, students are challenged throughout the text with the use of theoretical and real-life situations. This

**Love and Sex in Islam** Routledge

*Filming the Gods* examines the role and depiction of religion in Indian cinema, showing that the relationship between the modern and the traditional in contemporary India is not exotic, but part of everyday life. Concentrating mainly on the Hindi cinema of Mumbai, Bollywood, it also discusses India's other cinemas. Rachel Dwyer's lively discussion encompasses the mythological genre which continues India's long tradition of retelling Hindu myths and legends, drawing on sources such as the national epics of the Mahabharata and the Ramayana; the devotional genre, which flourished at the height of the nationalist movement in the 1930s and 40s; and the films made in Bombay that depict India's Islamicate culture, including the historical, the courtesan film and the 'Muslim social' genre. *Filming the Gods* also examines the presence of the religious across other genres and how cinema represents religious communities and their beliefs and practices. It draws on interviews with film stars, directors and producers as well as popular fiction, fan magazines and the films themselves. As a result, *Filming the Gods* is a both a guide to the study of film in religious culture as well as a historical overview of Indian religious film.

*Fashion's Double* Elsevier

Manu Gandhi, M.K. Gandhi's grand-niece, joined him in 1943 at the age of fifteen. An aide to Gandhi's ailing wife Kasturba in the Aga Khan Palace prison in Pune, Manu remained with him until his assassination. She was a partner in his final yajna, an experiment in Brahmacharya, and his invocation of Rama at the moment of his death. Spanning two volumes, *The Diary of Manu Gandhi* is a record of her life and times with M.K. Gandhi between 1943 and 1948. Authenticated by Gandhi himself, the meticulous and intimate entries in the diary throw light on Gandhi's life as a prisoner and his endeavour to establish the possibility of collective non-violence. They also offer a glimpse into his ideological conflicts, his efforts to find his voice, and his lonely pilgrimage to Noakhali during the riots of 1946. The first volume (1943–44) chronicles the spiritual and educational pursuits of an adolescent woman who takes up writing as a mode of self-examination. The author shares a moving portrait of Kasturba Gandhi's illness and death and also unravels the deep emotional bond she develops with Gandhi, whom she calls her 'mother'.

*Hindoostanee Philology* Birkhauser

Mere clothing is transformed into desirable fashion by the way it is represented in imagery. *Fashion's Double* examines how meanings are projected onto garments through their representation, whether in painting, photography, cinema or online fashion film, conveying identity and status, eliciting fascination and desire. With in-depth case studies including the work of Nick Knight and Helmut Newton, film examples such as *The Hunger Games*, music video *Girl Panic* by Duran Duran, and much more, this book analyses the interrelationship between clothing, identity, embodiment, representation and self-representation. Written for students and scholars alike, *Fashion's Double* will appeal to anyone studying fashion, cultural studies, art theory and history, photography, sociology, and film.

**Hindústāni as it Ought to be Spoken** Penguin Random House India Private Limited

Traveling around the world is one of the most fun and memorable things to do. And one of the best places to include in one's bucket list is Brazil. But here's the thing: Brazil isn't an English-speaking country and if you'd like to be able to really enjoy your trip there, it's crucial that you know important basic phrases so you can get and convey information that will enable you to get to where you want to go and do what you want to do there. Grab your copy of *Brazilian Portuguese Phrase Book* and learn the basic phrases you'll need to enjoy your trip to Brazil. And more than just the phrases themselves, you will also get to learn basic principles underlying the Brazilian Portuguese language that will help you learn even more words and phrases later on. The *Brazilian Portuguese Phrase Book*, you can easily learn to speak basic phrases for tourists so you can make sure that your trip to Brazil will be a most unforgettable one

*Nagme, Kisse, Baatein, Yaadein* Hachette UK

A comprehensive look at the continent of Africa and the countries that comprise it, including peoples and cultures, the land and its history, art and architecture, and daily life.

*The Science of Homeopathy* Aspen Publishers

*Three Women*. Three independent stories of how broken people see love. In the Sky of a Million Stars—For an introverted city-lad like Abheer, life in her dadi maa’s village, Kainat is exile. The only respite from boredom is looking at Fatima in the paddy fields from his bedside window every morning. But the poor girl is cursed, says dadi maa. Any silly superstition hurting Fatima is blasphemous to the things she makes Abheer feel. What is this curse? What shall be the fate of a friendship that blooms in its shadow? A Wistful Woman’s Chronicle—At 37, the sensual, immoral Mridula pleads herself a victim of the most horrible things a woman can face, which stem from two men in her past. Maybe she would not have loved and looted hundreds of men otherwise. Or maybe not. If these two men die, her past will stop haunting her. Only then can she truly discover who she is. On this killing spree, she meets a young, lively seventeen-year-old Rishi, and she is tempted to befriend him. Is this temptation limited to looting him, or will the destruction be deeper? What is Mridula’s story? What will this friendship cost Rishi? Fireflies—Adeeba is a lesbian. Why else should she have to leave her village Rohila, lose Ammi or her little sister Sabeena. If she didn’t love Bhoomi, she didn’t have to run her away from that nasty ritual. Sabeena didn’t have to lose her leg; Bhoomi her memory. After all, no one had saved Adeeba from that. But if she is a lesbian, why is love sprouting inside her for Veer? How can she love both of them, when her body can love only one? And how differently? How far can we go to make ourselves feel loved and understood?

*Arsenic in Drinking Water* Prabhat Prakashan

Having safe drinking water is important to all Americans. The Environmental Protection Agency's decision in the summer of 2001 to delay implementing a new, more stringent standard for the maximum allowable level for arsenic in drinking water generated a great deal of criticism and controversy. Ultimately at issue were newer data on arsenic beyond those that had been examined in a 1999 National Research Council report. EPA asked the National Research Council for an evaluation of the new data available. The committee's analyses and conclusions are presented in *Arsenic in Drinking Water: 2001 Update*. New epidemiological studies are critically evaluated, as are new experimental data that provide information on how and at what level arsenic in drinking water can lead to cancer. The report's findings are consistent with those of the 1999 report that found high risks of cancer at the previous federal standard of 50 parts per billion. In fact, the new report concludes that men and women who consume water containing 3 parts per billion of arsenic daily have about a 1 in 1,000 increased risk of developing bladder or lung cancer during their lifetime.

*Ali Baba and the Forty Thieves* Notion Press

Ari Gold is known for his ruthless approach to deal-making and client relationships that made him one of, if not the, most powerful and sought-after agents in Hollywood until he retired in 2011. In his new book *THE GOLD STANDARD*, Gold will illuminate, for the first time, his unique, effective and, some would say, outrageous philosophies on running a successful business, client management, employee motivation, keeping a happy home life, and other keys to his many successes. Brash, emphatic, instructive and always wise, Gold's book will rival business and leadership bestsellers the world over. In his own words and with his trademark enthusiasm, Gold's tome will be the only book anyone wanting to make something of him or herself will ever need. Ari Gold says: "In my humble opinion, if you want to run a successful business this is the only book you'll ever have to read. And my humble opinion is never wrong."

*Digital Personalized Health and Medicine* NorthSouth (NY)

Digital health and medical informatics have grown in importance in recent years, and have now become central to the provision of effective healthcare around the world. This book presents the proceedings of the 30th Medical Informatics Europe conference (MIE). This edition of the conference, hosted by the European Federation for Medical Informatics (EFMI) since the 1970s, was due to be held in Geneva, Switzerland in April 2020, but as a result of measures to prevent the spread of the Covid19 pandemic, the conference itself had to be cancelled. Nevertheless, because this collection of papers offers a wealth of knowledge and experience across the full spectrum of digital health and medicine, it was decided to publish the submissions accepted in the review process and confirmed by the Scientific Program Committee for publication, and these are published here as planned. The 232 papers are themed under 6 section headings: biomedical data, tools and methods; supporting care delivery; health and prevention; precision medicine and public health; human factors and citizen centered digital health; and ethics, legal and societal aspects. A 7th section deals

with the Swiss personalized health network, and section 8 includes the 125 posters accepted for the conference. Offering an overview of current trends and developments in digital health and medical informatics, the book provides a valuable information resource for researchers and health practitioners alike.

**Metallothionein III** Springer Science & Business Media

*When six of her seven kids are swallowed by a wicked wolf, Old Mother Goat devises a way to rescue them.*

*Biological and Environmental Effects of Arsenic* Oxford University Press, USA

Traditional medicine, including the knowledge, skills and practices of holistic health care, exists in all cultures. It is based on indigenous theories, beliefs and experiences, and is widely accepted for its role in health maintenance and the treatment of disease. Medicinal plants are the main ingredients of local medicines, but rapid urbanization is leading to the loss of many important plants and knowledge of their use. To help preserve this knowledge and recognize the importance of medicinal plants to health care systems, the WHO Regional Office for the Western Pacific has published a series of books on medicinal plants in China, the Republic of Korea, Viet Nam and the South Pacific. *Medicinal Plants in Papua New Guinea* is the fifth in this series. This book covers only a small proportion of the immense knowledge on traditional medicine, the plant species from which they are derived, the diseases they can treat and the parts of the plants to be used. The diverse cultures, languages and traditional practices of Papua New Guinea made this a particularly challenging project. But we believe the information and accompanying references can provide useful information for scientists, doctors and other users.

**The Diary of Manu Gandhi** Pustak Mahal

*Topics in Environmental Health, Volume 6: Biological and Environmental Effects of Arsenic* focuses on the properties, characteristics, and reactions of arsenic and its effects on the environment. The selection first tackles the mobilization of arsenic by natural and industrial processes and emissions, cycling, and effects of arsenic in soil ecosystems. Discussions focus on the effects of arsenic on plants and soil microorganisms, exposure through consumption, sources of arsenic, and mobilization of arsenic by natural processes and industrial activities. The publication then ponders on environmental reaction and analysis methods and arsenical metabolism and toxicity to freshwater and marine species. The text examines the metabolism of arsenic and epidemiology of human arsenic exposure, including acute and chronic effects by arsenic in man, absorption, tissue distribution and retention, and elimination and biological half-time. The publication then takes a look at the toxicity of arsenic and its compounds, as well as biological transformation of arsenic compounds in soil ecosystems and effects on plants; biotransformation of arsenic compounds and toxicity to freshwater and marine biota; and environmental transformation of arsenic in freshwater/marine ecosystems. The selection is a dependable reference for readers interested in the biological and environmental effects of arsenic.